

May 2026 Newsletter

Town of Wappinger Parks & Recreation



Senior Enrichment Division



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About Our Senior Enrichment Programs

(845) 297-3670

www.WappingerRecreation.com

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger, we're invested in the enrichment of our seniors, the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, bus trips, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjonn, Mexican trains, monthly crafts, monthly birthday parties, pinochle, pokeno, quilting, rummikub, zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at our program!



Welcome New Members!

**Yvette Bivians, Deborah Cooney, Peter Cooney, Richard Gioggia,
& Fern Sartori**

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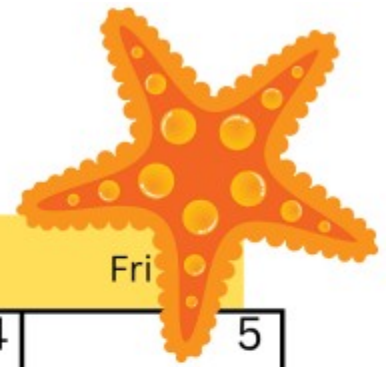
Mon
Tue
Wed
Thu
Fri

	<i>Key</i> K&C - Knit & Crochet (S) - Schlathaus C - Carnwath Admin Building Red - New Programs			9:30am Mahjongg ¹ 10am Pinoche 11:30am Sing-a-long 12pm Bingo 2pm Rummikub 2pm Pinochle
Melissa's (Intern) ⁴ Last Day 10am Pinoche 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	⁵ 9am Art Class NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub	⁶ 9am Bocce 9am Zumba Gold 10am Pinoche 10am Quilting (S) 12pm Mahjongg 12pm Pokeno	⁷ 9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Mom's Night Out 2pm Rummikub 2pm Chair Volleyball	⁸ 9:30am Mahjongg 10am Pinoche 12pm Bingo 2pm Rummikub 2pm Pinochle
¹¹ 10am Pinoche 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	¹² 10am Mother's Day Breakfast 9am NO Art Class NO Bridge Club (S) 12pm 10c Bingo 2pm Rummikub	¹³ Jersey Dreamers "Vegas" Bus Trip 9am Bocce 9am Zumba Gold 10am Pinoche 10am Quilting (S) 12pm Mahjongg 12pm Pokeno	¹⁴ 9am Exercise 10am Chair Yoga 12pm Craft - Alcohol Ink Coasters 1pm OFA Mobile Hours 2pm Chair Volleyball	¹⁵ 9:30am Mahjongg 10am Pinoche 11:30am Sing-a-long 12pm Bingo 2pm Rummikub 2pm Pinochle
¹⁸ 10am Pinoche 10am K&C Lessons 10:30am NO Zumba Gold 12:30pm Bingo	¹⁹ 9am Art Class NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub	²⁰ 9am Bocce 9am Zumba Gold 10am Pinoche 10am Quilting (S) 12pm Mahjongg 12pm Pokeno 2pm Walking Group - Castlepoint	²¹ 9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	²² 9:30am Mahjongg 10am Pinoche 12pm Bingo 2pm Rummikub 2pm Pinochle
²⁵ Closed	²⁶ 9am Art Class NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub	²⁷ Senior Living Expo 10-2 9am Bocce 9am NO Zumba Gold 10am Pinoche 10am Quilting (S) 12pm Mahjongg 12pm Pokeno	²⁸ 9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball	²⁹ 9:30am Book Club - Fagin the Thief by Alison Epstein 9:30am Mahjongg 10am Pinoche 11:30am Sing-a-long 12:30pm Bingo

2026



June



Mon	Tue	Wed	Thu	Fri
1 10am Pinocele 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	2 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	3 9am Bocce 9am Zumba Gold 10am Pinocele 10am Quilting (s) 12pm Mahjongg 12pm Pokeno	4 9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Mrs. Harris Goes to Paris 2pm Rummikub 2pm Chair Volleyball	5 9:30am Mahjongg 10am Pinocele 12pm Bingo 2pm Rummikub 2pm Pinochle
8 10am Pinocele 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	9 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	10 9am Bocce 9am Zumba Gold 10am Pinocele 10am Quilting (s) 12pm Mahjongg 12pm Pokeno	11 9am Exercise 10am Chair Yoga 12pm Craft - Mandala Painted Rocks 2pm Rummikub 2pm Chair Volleyball	12 9:30am Mahjongg 10am Pinocele 11:30am Sing-a-long 12pm Bingo 2pm Rummikub 2pm Pinochle
15 10am Pinocele 10am K&C Lessons 10:30am NO Zumba Gold 12:30pm Bingo	16 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	17 9am Bocce 9am NO Zumba Gold 10am Pinocele 10am Quilting (S) 12pm Mahjongg 12pm Pokeno Saratgoa Overnight Bus Trip	18 9am NO Exercise 10am NO Chair Yoga 2pm Rummikub 2pm NO Chair Volleyball Saratgoa Overnight Bus Trip	19 Closed
22 10am Pinocele 10am K&C Lessons 10:30am Zumba Gold 11am Father's Day Lunch 12:30pm Bingo	23 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	24 9am Bocce 9am Zumba Gold 10am Pinocele 10am Quilting (s) 12pm Mahjongg 12pm Pokeno	25 9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	26 9:30am Book Club -The Only One Left by Riley Sager 9:30am Mahjongg 10am Pinocele 11:30am Sing-a-long 12:30pm Bingo
29 10am Pinocele 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	30	<i>Key</i> K&C - Knit & Crochet (S) - Schlathaus Red - New Programs		

2026

WHAT'S HAPPENING AROUND THE CENTER?



- RESORTS WORLD CASINO BUS TRIP
- APRIL LUNCH AND A MOVIE - GROWN UPS
- APRIL CRAFT - SOAP MAKING
- APRIL BIRTHDAY PARTY
- SEMINARS FROM DR. HOTH CANDANI & NYS TROOPERS
- OFA MOBILE HOURS
- FUN AT SING-A-LONG
- WALKING GROUP AT SPOOKHILL PARK
- SENIOR SENIOR PROM AT RCK



TOWN OF WAPPINGER RECREATION
AND SENIOR CENTER

EXPLORE WAPPINGER WALKING GROUP

JOIN US ONCE A MONTH TO WALK WITH THE
COMMUNITY AT ONE OF OUR BEAUTIFUL
PARKS! VIEW THE SCENIC LANDSCAPES
THAT WAPPINGER HAS TO OFFER WITH A
GUIDED TOUR OF OUR PARKS!

WEDNESDAY, MAY 20TH 2PM

CASTLEPOINT PARK

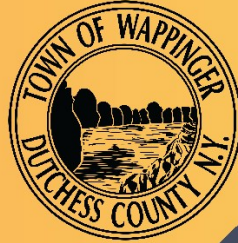
REGISTER ONLINE AT
WAPPINGERRECREATION.COM OR CALL 845-297-3670

AARP DEFENSIVE DRIVING CLASS

**Call Mary Long to enroll:
[\(845\) 297-0186](tel:8452970186)**

5/15

For any licensed driver



2026 SENIOR LIVING IN WAPPINGER EXPO

A ONE STOP SHOP FOR OUR SENIORS
FEATURING LOCAL BUSINESSES
& PROFESSIONALS

AT WAPPINGER TOWN HALL

WEDNESDAY MAY 27 10AM-2PM

WAPPINGER RESIDENTS ONLY



PARTICIPATING VENDORS SERVING OUR SENIORS

- *Enrichment Resources*
 - *Volunteer Opportunities*
 - *Social Enrichment*
 - *Educational Opportunities*
 - *Healthcare Resources*
 - *Mental & Physical Health Resources*
 - *Financial Resources*
- ... and More!

EVENT DETAILS

The Senior Living Expo will be an event to offer various resources to help seniors live their best lives in our community. From home healthcare to social enrichment to volunteer opportunities, we're hoping to expand the diversity of resources being offered to our seniors. We are excited to bring this event back for the 3rd year and expand!

AN ALL INCLUSIVE EVENT! EXPANDING IN 2026

Helping our community seniors get the answers they need and learn how to AVOID major issues by providing information on scam awareness and prevention!



TOWN OF WAPPINGER
20 MIDDLEBUSH ROAD
WAPPINGERS FALLS, NY 12590
845-297-3670



2026

WAPPINGER


COMMUNITY DAY

SATURDAY, MAY 16TH


PARADE STARTS AT 12PM



BREXEL-SCHLATHAUS PARK



**JOIN US FOR A FUN-FILLED DAY
WITH A PARADE, FOOD TRUCKS,
VENDORS, AND MUCH MORE! WE
WILL ALSO BE CELEBRATING THE
250TH ANNIVERSARY OF THE
FOUNDING OF THE UNITED STATES!**



**TO REGISTER FOR THE PARADE, BECOME A
VENDOR OR MORE INFORMATION HEAD
OVER TO WAPPINGERRECREATION.COM OR
CALL 845-297-0720**

Please pick up your birthday cards!

May Birthdays

**1 Elisa Stacchini
2 Irene Petro
4 Jody Chafouleas
9 Wanda Castelli
9 Helene Goldberg
9 Maryellen O'Donnell
10 Josie Cangelosi
10 Juan Cocca
10 Sue Knittel
10 Catherine Weeks
12 Bob Ayles
15 Margaret Loh
15 Lucy Pirro
17 Charles Coughlin
19 Sonia Bryan
19 Maria Dibartolomeo
20 Ann Marie Pantaleo
21 Barbara Ciccarelli
25 Carol Bergamini
30 Doreen Aquafredda
30 Pamela Blenman
30 Richard Dobbins
30 Jessica Fulton
31 Sean Bauman
31 Gloria Gibson
31 Jane Harla**

June Birthdays

**1 June Weldon
2 Donald Burns
3 Donna Gramuglia
5 Dot Groark
5 Pam Herbst
5 Lucille Nicholas
5 Christine Sena
6 Niels Thorsen
7 Khalid Ibrahim
7 Betsy Tripaldi
8 Eleanor Coppola
8 Mary Angela Richard
9 Joan Nelson
13 Clare Garvey
16 June Dotolo
16 Lee Russo
17 Mary Ann Mikulsky
22 Gail Ray
22 Louis Scotto
24 RoseMarie Mylie
25 Robert Cofer
25 Jack Monachino
27 Joseph DiPaola
28 Mike Tebolt**

**May Birthday
Celebration at Senior Center
May 21st, 11:30 am**

**June Birthday
Celebration at Senior Center
June 25th, 11:30 am**

 **The Pines
at Poughkeepsie**

Center for Nursing & Rehabilitation

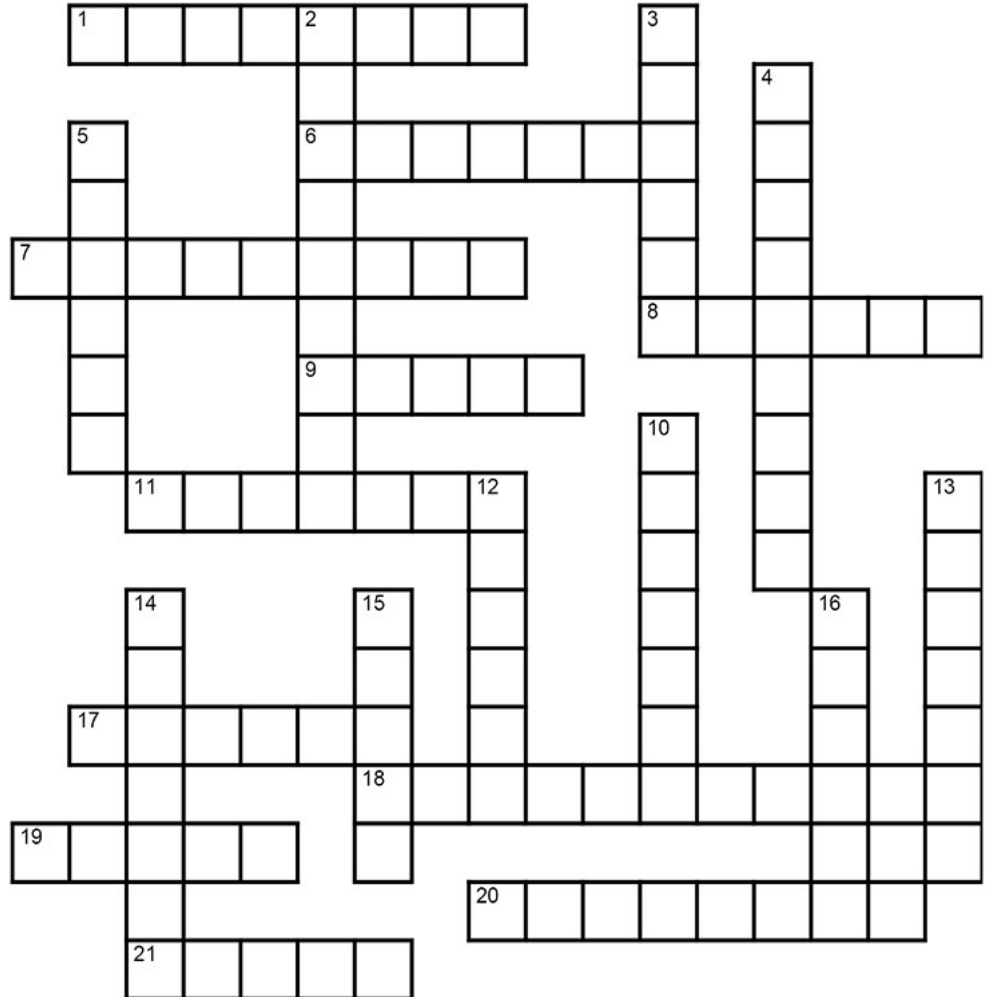
Thank you to The Pines at
Poughkeepsie for
sponsoring our monthly
birthday party!

Merry Month of May



ACROSS

1. Sport played on a diamond.
6. ___ Appreciation Day falls on Tuesday of the first full week in May.
7. Buzzing insect.
8. Astrological sign for the end of May (twins).
9. May is the ___ month of the year.
11. Small red insect with black dots.
17. She is celebrated on the second Sunday in May.
18. Annual Mexican celebration on May 5th.
19. Most lawns are this color in May.
20. Celebrated on the last Monday in May: ___ Day.
21. Plant these and you may get some flowers.



DOWN

2. What a caterpillar becomes.
3. Season in which May falls in the Northern Hemisphere.
4. Use this to trim the lawn.
5. Astrological sign for the start of May (bull).
10. May birthstone.
12. Place where you might grow flowers.
13. Flower of a plant.
14. Tulips, daisies, roses, etc.
15. May the ___ be with you.
16. Might be filled with candy and broken as part of a May celebration.

- | | |
|---------------|-----------|
| Baseball | Green |
| Blossom | Ladybug |
| Bumblebee | Lawnmower |
| Butterfly | Memorial |
| Cinco de Mayo | Mother |
| Emerald | Pinata |
| Fifth | Seeds |
| Flowers | Spring |
| Force | Taurus |
| Garden | Teacher |
| Gemini | |

