

August 2025

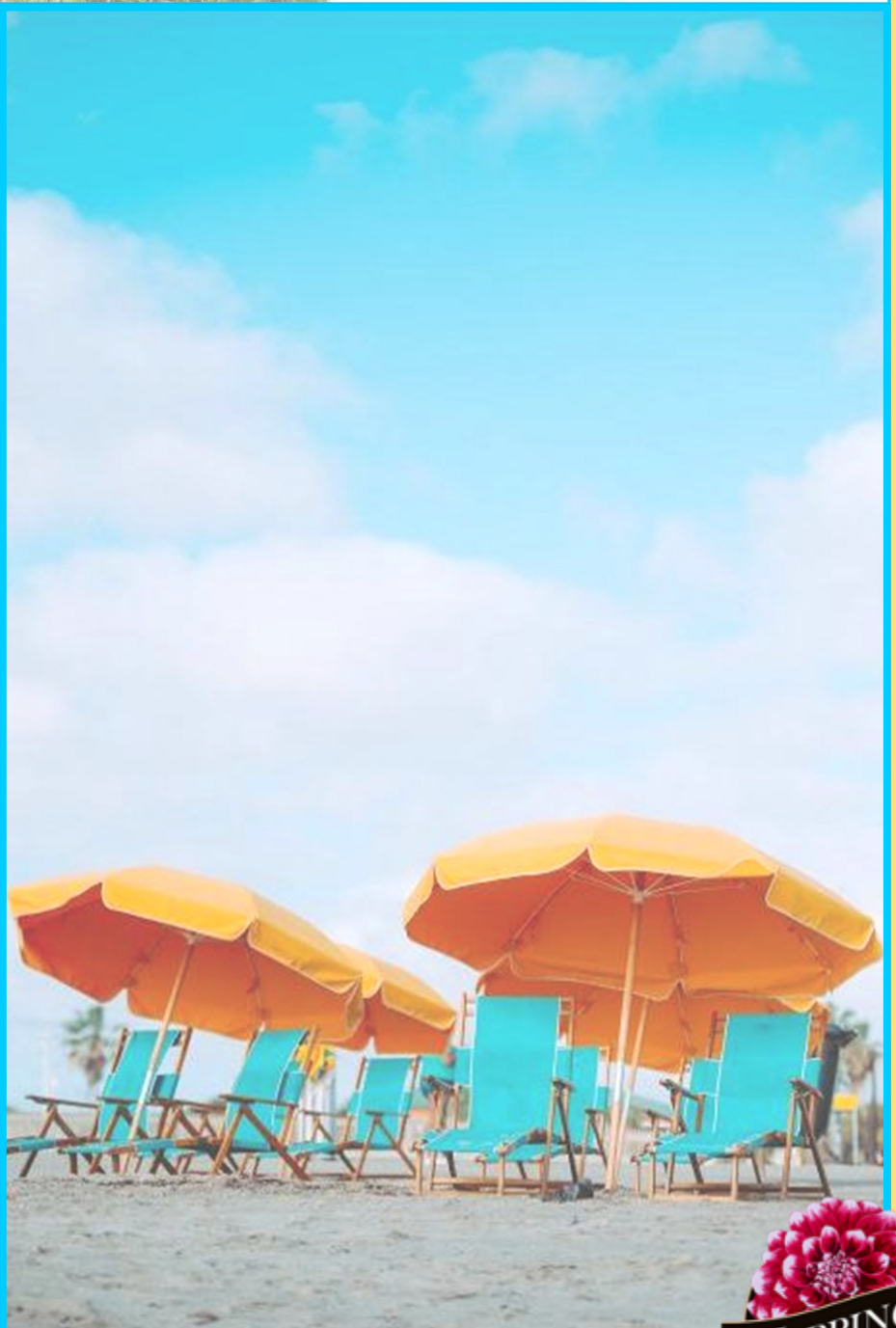
Town of Wappinger Senior Center



"We are rooted here"

Contents

| | |
|--|-------|
| About the Center | Pg 2 |
| New Members | Pg 2 |
| August Calendar | Pg 3 |
| September Calendar | Pg 4 |
| What's Happening Around The Center? | Pg 5 |
| AARP Defensive Driving | Pg 6 |
| Grandparents Day Picnic | Pg 6 |
| Oktoberfest @ The Brownstone Bus Trip | Pg 7 |
| Birthday Party | Pg 8 |
| Know Your Neighbor– Carol VanVlack | Pg 9 |
| Summer Logic Puzzle | Pg 11 |



About Our Senior Center

(845) 297-3670

www.WappingerRecreation.com

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjonn, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!



Welcome New Members!

Charles Coughlin, Kathleen Coughlin, Regina Gylmn, RoseMarie Mylie, Cindy Russo, Irene Schiavo, Lynn Amodeo Smith, Angela Vala, Phyllis Viola, and Helen Yee.



August



| Mon | | | | | Tue | | | | | Wed | | | | | Thu | | | | | Fri | | | | |
|--|--|--|--|--|---|--|--|--|--|---|--|--|--|--|---|--|--|--|--|--|--|--|--|--|
|  | | | | | | | | | | <div>Key</div> <div>K&C - Knit & Crochet</div> <div>(S) - Schlathaus</div> <div>© - Carnwath Admin Building</div> <div>Red - New or changes to Programs</div> | | | | | | | | | | <div>1</div> <div>9:30am Mahjongg</div> <div>10am Pinocle</div> <div>11:30am Brain Games</div> <div>12:30pm Bingo</div> | | | | |
| <div>10am Pinocle</div> <div>10am K&C Lessons</div> <div>10:30am Zumba Gold</div> <div>11am Office for the Aging Meet & Greet</div> <div>12:30pm Bingo</div> | | | | | <div>9am Art Class</div> <div>10am NO Bridge Club (S)</div> <div>11am 10c Bingo</div> <div>2pm Rummikub</div> | | | | | <div>9am Bocce</div> <div>9am Zumba Gold</div> <div>10am Pinocle</div> <div>11am Quilting (C)</div> <div>12pm Mahjongg</div> <div>12pm Pokeno</div> | | | | | <div>9am Exercise</div> <div>10am Chair Yoga</div> <div>11:30am Lunch & a Movie - Oklahoma!</div> <div>2pm Rummikub</div> <div>2pm Chair Volleyball</div> | | | | | <div>9am AARP Defensive Driving</div> <div>9:30am Mahjongg</div> <div>10am Pinocle</div> <div>11:30am Brain Games</div> <div>12:30pm Bingo</div> | | | | |
| <div>10am Pinocle</div> <div>10am K&C Lessons</div> <div>10:30am Zumba Gold</div> <div>12:30pm Bingo</div> | | | | | <div>9am Art Class</div> <div>9:30am Aqua Turf Club Bus Trip</div> <div>10am NO Bridge Club (S)</div> <div>11am 10c Bingo</div> <div>2pm Rummikub</div> | | | | | <div>9am Bocce</div> <div>9am Zumba Gold</div> <div>10am Pinocle</div> <div>11am Quilting (C)</div> <div>12pm Mahjongg</div> <div>12pm Pokeno</div> | | | | | <div>9am Exercise</div> <div>10am Chair Yoga</div> <div>12pm Craft - Pressed Flower Lanterns</div> <div>2pm Rummikub</div> <div>2pm Chair Volleyball</div> | | | | | <div>9:30am Mahjongg</div> <div>10am Pinocle</div> <div>11:30am Brain Games</div> <div>12:30pm Bingo</div> <div>8/16 Mahjongg Tournament 9am</div> | | | | |
| <div>10am Pinocle</div> <div>10am K&C Lessons</div> <div>10:30am Zumba Gold</div> <div>12:30pm Bingo</div> | | | | | <div>9am Art Class</div> <div>10am NO Bridge Club (S)</div> <div>11am 10c Bingo</div> <div>2pm Rummikub</div> | | | | | <div>9am Bocce</div> <div>9am Zumba Gold</div> <div>10am Pinocle</div> <div>11am Quilting (C)</div> <div>12pm Mahjongg</div> <div>12pm Pokeno</div> | | | | | <div>9am Exercise</div> <div>10am Chair Yoga</div> <div>11:30am Birthday Party</div> <div>2pm Rummikub</div> <div>2pm Chair Volleyball</div> | | | | | <div>9:30am Mahjongg</div> <div>10am Pinocle</div> <div>11:30am Brain Games</div> <div>12:30pm Bingo</div> | | | | |
| <div>10am Pinocle</div> <div>10am K&C Lessons</div> <div>10:30am Zumba Gold</div> <div>12:30pm Bingo</div> | | | | | <div>9am Art Class</div> <div>10am NO Bridge Club (S)</div> <div>11am 10c Bingo</div> <div>2pm Rummikub</div> | | | | | <div>9am Bocce</div> <div>9am Zumba Gold</div> <div>10am Pinocle</div> <div>11am Quilting (C)</div> <div>12pm Mahjongg</div> <div>12pm Pokeno</div> | | | | | <div>9am Exercise</div> <div>10am Chair Yoga</div> <div>12pm Dominoes</div> <div>2pm Rummikub</div> <div>2pm Chair Volleyball</div> | | | | | <div>9:30am Book Club - The Art Thief by Michael Finkel</div> <div>9:30am Mahjongg</div> <div>10am Pinocle</div> <div>11:30am Brain Games</div> <div>12:30pm Bingo</div> | | | | |

DOG DAYS

2025



September

| Mon | Tue | Wed | Thu | Fri |
|---|--|--|--|---|
| 1 Closed | 2 9am Art Class 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub Sign-up for Oktoberfest Trip | 3 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (C) 12pm Mahjongg 12pm Pokeno | 4 9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Good Will Hunting 2pm Rummikub 2pm Chair Volleyball | 5 9:30am Mahjongg 10am Pinocle 11:30am Sing-a-long 12:30pm Bingo 1-7pm Art Show 9/6 Grandparents Day Picnic |
| 8 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo | 9 9am Art Class 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub | 10 9am Bocce 9am Zumba Gold 10am Pinocle 10am Rummikub Tournament 11am Quilting (C) 12pm Mahjongg 12pm Pokeno | 11 9am Exercise 10am Chair Yoga 12pm Craft - Clay Leaves 2pm Rummikub 2pm Chair Volleyball | 12 9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Sing-a-long 12:30pm Bingo |
| 15 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo | 16 9am Art Class 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub | 17 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (C) 12pm Mahjongg 12pm Pokeno | 18 9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball | 19 9:30am Mahjongg 10am Pinocle 11:30am Sing-a-long 12:30pm Bingo |
| 22 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo | 23 9am Art Class 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub | 24 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (C) 12pm Mahjongg 12pm Pokeno 2pm Walking Group - Carnwath Farms | 25 9am Exercise 10am Chair Yoga 12pm Dominoes 2pm Rummikub 2pm Chair Volleyball | 26 9:30am Book Club - Horse by Geraldine Brooks 9:30am Mahjongg 10am Pinocle 11:30am Sing-a-long 12:30pm Bingo |
| 29 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo | 30 9am Art Class 10am Oktoberfest @ The Brownstone 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub | | <i>TBA</i> Educational Seminar | Key K&C - Knit & Crochet (S) - Schlathaus © - Carnwath Admin Building Red - New or changes to Programs |



WHAT'S HAPPENING AROUND THE CENTER?



- OFFICE FOR THE AGING PICNIC 2025 @ ROBINSON LANE
- JULY CRAFT - WAPPINGER GROWN LAVENDER BATH BOMBS! (THANK YOU CARNWATH COMMUNITY FARMING)
- JULY BIRTHDAY PARTY WITH COUNCILMAN AL CASELLA AND SUPERVISOR JOSEPH D. CAVACCINI
- JULY SEMINARS! - THE SPORTS MUSEUM OF DUTCHESS COUNTY AND THE HISTORY OF SAYINGS WITH FRANK DISPENSA!
- COUNTY LEGISLATOR LYNNE VERSACI CALLS BINGO



AARP DEFENSIVE **DRIVING CLASS**

Call Mary Long to enroll:
(845) 297-0186

For any licensed driver
8/8 & 9/12
Inquire in the senior center



Town of Wappinger Senior Center and Recreation Department

GRANDPARENTS DAY



PICNIC



Saturday, September 6th

11am at Martz Field

Join us for a picnic honoring National Grandparents Day! Bring the whole family for a day of food, games, and fun! Open to all town of Wappinger residents.

Join Now!



Call Number:
(845) 297-3670

wappingerrecreation.com

2025 SPECTACULAR SEASON

OKTOBERFEST

This is a spectacular celebration of the arrival of Autumn. Fantastic **Alex Meixner** and his band of Grammy Award nominated musicians put on an incomparable display of musical virtuosity. Combine this with authentic German dancing and bell ringing by the beautiful **Alys Schaefer**, and top it all off with wonderful food and an incredible Oktoberfest will be had by all.



Alex Meixner



| <u>Family- Style</u> |
|----------------------|
| <u>Menu</u> |
| 1 Complimentary |
| Drinks |
| Warm Rolls |
| Fresh Garden Salad |
| Cream of |
| Mushroom Soup |
| Knockwurst |
| Roast Chicken |
| Roasted Potatoes |
| Mix Vegetables |
| Dessert |
| Coffee, Tea, Decaf |



Alys Schaefer



**At The Brownstone
September 30th**



Enjoy 1 Complimentary Drink during our Happy Hour 11:30 – 12:30



Registration opens September 2nd

Residents- \$75

Non-residents- \$90

Leaving the center - 10am

Returning– around 4pm

August's Birthday Babies

1 Lynne Dipaola
1 Kathleen Hughes
16 Patricia Henrichsen
22 Carol Smith
25 Maureen Norcross
26 Charlotte Christman

Sign-up is required! Sign-up in
the senior center or online.

Cake! Pizza! Bingo!

**August's Birthday
Celebration**
August 21st, 11:30am

September's Birthday Babies

1 Julie Adamcek
1 Patricia Murphy
6 Michael P. Martin
7 Donna Palmer
11 Theresa Rosencrans
16 Joyce Dawson
17 Michael Adamcek
17 Karen Procaccino
19 Nancy Almazar
19 Charina Macdonald
21 Kellie Ann Detheridge
21 Roxanne Meyer
22 Felicia Dinonno
22 Lena Esposito
25 Irene Pisano
29 Andrea Baker
29 Monica Schumacher
30 Lyssette Delgado
30 Fan Fu
30 Joanne Schuder

**September's Birthday
Celebration**
Sept. 18th, 11:30 am

 **The Pines**
at Poughkeepsie

Center for Nursing & Rehabilitation

Thank you to The Pines at
Poughkeepsie for
sponsoring our monthly
birthday party!

Get to Know Your Neighbor: Carol VanVlack



When were you born? 12/31/1955

Where were you born? Cold Spring, NY

What is your ancestry? Irish and German.

How many siblings do/did you have? 5.

What high school/college did you attend? John Jay High School.

Are you married? How long? Spouse/partner's name? Yes, 44 years to Ray VanVlack.

Do you have any children? How many? Names? Grandchildren? How many? Names? Yes, 2. Jason and Zachary.

Do you have pets and if so, what? 3 dogs and 2 cats.

What was your career? Dog groomer for 20 years at family business.

What is your favorite food? Italian and Chinese.

What is your favorite season? Spring and fall.

What is your favorite holiday? Thanksgiving and Christmas.

Favorite pastime/hobby? Painting, gardening, and crafting.

What countries have you visited? Europe, Italy, Switzerland, Barbados, Aruba, and Jamaica.

Do you prefer the seashore or mountains? Both.

Movies: do you prefer comedies, drama, science fiction? Comedies and mysteries.

Anything else you want to share? My favorite games at the center are Rummikub and bingo!

SUMMER

LOGIC PUZZLE

Figure out who did what and where they spent their summer holidays.

- Read the clues carefully and use the table below to solve the puzzle.
- Put an **O** for each correct match and an **X** for each incorrect one.

Clues:

- Greta did not go to the beach or the forest.
- The person who went trekking did not go to the mountains.
- Drew went swimming but not in the countryside.
- Pedro went to the forest.
- The person who went camping did so in the mountains.
- Olivia did not relax during her holiday.
- The person who went to the beach went swimming.
- The person who only relaxed did not visit the countryside.
- Greta did not go trekking.

| | | ACTIVITIES | | | | LOCATIONS | | | |
|-----------|-------------|------------|----------|----------|----------|-----------|-------|--------|-------------|
| | | CAMPING | RELAXING | TREKKING | SWIMMING | MOUNTAINS | BEACH | FOREST | COUNTRYSIDE |
| PEOPLE | GRETA | | | | | | | | |
| | OLIVIA | | | | | | | | |
| | DREW | | | | | | | | |
| | PEDRO | | | | | | | | |
| LOCATIONS | MOUNTAINS | | | | | | | | |
| | BEACH | | | | | | | | |
| | FOREST | | | | | | | | |
| | COUNTRYSIDE | | | | | | | | |

