



April 2025



Town of Wappinger Senior Center



"We are rooted here"

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About Our Senior Center



(845) 297-3670

www.WappingerRecreation.com

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjonn, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!



Welcome New Members!

Sonia Bryan, Gonzalo Feliciano, Joseph W. Girolamo, Judi Kussel, Pat Lacy, Ann Marie Pantaleo, John G. Reynolds, Michele Santoro, and Ollie Simpson.

April



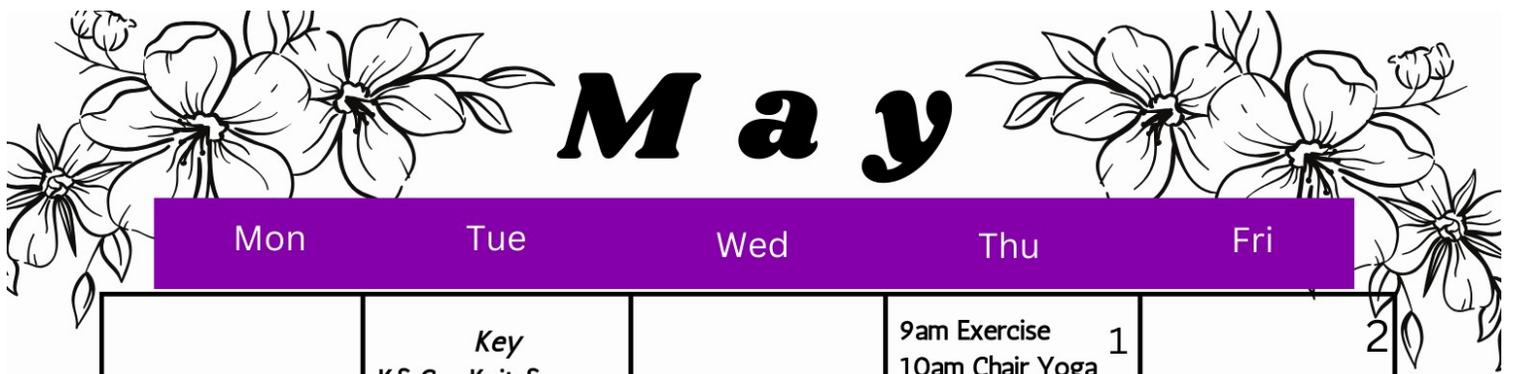
Mon Tue Wed Thu Fri

	1 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	2 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	3 9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - Going in Style 2pm Rummikub 2pm Chair Volleyball	4 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
7 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	8 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	9 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	10 9am Exercise 10am Chair Yoga 12pm Craft - Teacup Candles 2pm Rummikub 2pm Chair Volleyball	11 9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
14 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 11am Understanding Alzheimer's Seminar 12:30pm Bingo	15 8am Wind Creek Bus Trip 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	16 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	17 9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball	18 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12:30pm Bingo
21 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 11am Chili Day 12:30pm Bingo	22 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	23 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	24 9am Exercise 10am Chair Yoga 2pm Walking Group - Town Hall 2pm Rummikub 2pm Chair Volleyball	25 9:30am Book Club - Wild Swans: Three Daughters of China by Jung Chang 9:30am Mahjongg 10am Pinocle 11:30am Brain Games
Medieval Times Bus Trip Sign-up 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo	28 9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub	29 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno	30 Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs	12:30pm Bingo



2025





May

Mon Tue Wed Thu Fri

	<p>Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs</p>		<p>9am Exercise 1 10am Chair Yoga 11:30am Lunch & a Movie - The King & I 2pm Rummikub 2pm Chair Volleyball</p>	<p>9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo</p>
<p>10am Pinocle 5 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo</p>	<p>9am Art Class 6 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p>	<p>9am Bocce 7 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno</p>	<p>9am Exercise 8 10am Chair Yoga 12pm Craft - Homemade Paper 2pm Rummikub 2pm Chair Volleyball</p>	<p>9am AARP 9 Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo</p>
<p>5/11 Mother's Day 12 10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo</p>	<p>9am Art Class 13 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p>	<p>9am Bocce 14 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno</p>	<p>9am Exercise 15 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball</p>	<p>9:30am Mahjongg 16 10am Pinocle 11:30am Brain Games 12pm Bingo</p>
<p>10am Pinocle 19 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo</p>	<p>9am Art Class 20 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p>	<p>9am Bocce 21 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno</p>	<p>9am Exercise 22 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball</p>	<p>9:30am Mahjongg 23 10am Pinocle 11am Processed Foods Seminar 12pm Bingo</p>
<p>Closed 26</p>	<p>9am Art Class 27 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p>	<p>Senior Living Expo 10-2 28 9am Bocce 9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno</p>	<p>9am Exercise 29 10am Chair Yoga 2pm Rummikub 2pm NO Chair Volleyball 2PM Walking Group - Dutchess Rail Trail (Diddell Road Entrance)</p>	<p>9:30am Book Club - Mad Honey by Jodi Piccoul 30 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo 5/31 Medieval Times Bus Trip</p>



2025

WHAT'S HAPPENING AROUND THE CENTER?



- ST. PATRICK'S DAY LUNCHEON - THANK YOU ULSTER SAVINGS BANK, RPH AUTO REPAIR, JANCARE, AND THE WSA
- LUNCH AND A MOVIE - A STAR IS BORN - MINI SAUSAGE AND PEPPER SUBS!
- MARCH CRAFT - IRISH COFFEE MUGS
- SPARROWS NEST DRESS DOWN DAY
- MARCH BIRTHDAY PARTY
- JANET CELEBRATES HER 90TH BIRTHDAY!



AARP DEFENSIVE DRIVING CLASS

**Call Mary Long to enroll:
(845) 297-0186**

**For any licensed driver
4/11 & 5/9
Inquire in the senior center**



Town of Wappinger Parks & Recreation

Egg Hunt

Join us for a fun Egg Hunt with thousands of eggs to collect, a visit from the Bunny, games, crafts, and some yummy snacks!

5
April

Robinson Lane

1:00PM
–
3.00 PM





2025 SENIOR LIVING IN WAPPINGER EXPO

A ONE STOP SHOP FOR OUR SENIORS
FEATURING LOCAL BUSINESSES
& PROFESSIONALS

AT WAPPINGER TOWN HALL

WEDNESDAY MAY 28 10AM-2PM

WAPPINGER RESIDENTS ONLY



PARTICIPATING VENDORS SERVING OUR SENIORS

- *Enrichment Resources*
 - *Volunteer Opportunities*
 - *Social Enrichment*
 - *Educational Opportunities*
 - *Healthcare Resources*
 - *Mental & Physical Health Resources*
 - *Financial Resources*
- ... and More!

AN ALL INCLUSIVE EVENT! EXPANDING IN 2025

Helping our community seniors get the answers they need and learn how to AVOID major issues by providing information on scam awareness and prevention!

EVENT DETAILS

The Senior Living Expo will be an event to offer various resources to help seniors live their best lives in our community. From home healthcare to social enrichment to volunteer opportunities, we're hoping to expand the diversity of resources being offered to our seniors. We are excited to bring this event back for the 3rd year and expand!



TOWN OF WAPPINGER
20 MIDDLEBUSH ROAD
WAPPINGERS FALLS, NY 12590
845-297-3670

55+

TOWN OF WAPPINGER SENIOR CENTER

MEDIEVAL TIMES BUS TRIP

← **SATURDAY, MAY 31ST** →

\$80

**SIGN-UP FOR RESIDENTS & SENIOR
CENTER MEMBERS STARTS APRIL 28TH**

**INCLUDES BUS TRIP, GRATUITY, LIVE SHOW,
AND 4 COURSE MEAL**

**LEAVING CENTER - 11:30AM
LEAVING MEDIEVAL TIMES - 4PM**



April's Birthday Babies

- 1 Joan Myers
- 2 Diane Piesco
- 2 Therese Rhoades
- 3 Anna Aquanita
- 8 Rochelle Valdivia
- 17 Barbara Gutzler
- 19 Audrey Ryan
- 21 Kenneth Parchinski
- 21 Linda Rodriguez
- 25 Wilhelmina Girolamo
- 26 Jacqueline Hartung

May's Birthday Babies

- 1 Elisa Stacchini
- 9 Helene Goldberg
- 9 Maryellen O'Donnell
- 10 Mary Catherine Weeks
- 15 Margaret Loh
- 19 Sonia Bryan
- 19 Maria Dibartolomeo
- 20 Ann Marie Pantaleo
- 25 Carol Bergamini
- 30 Pamela Blenman
- 30 Richard Dobbins
- 31 Gloria Gibson

Cake! Pizza! Bingo!

Sign-up is required! Sign-up in
the senior center or online.

**April's Birthday
Celebration
April 17th, 11:30am**

**May's Birthday
Celebration
May 15th, 11:30 am**

 **The Pines
at Poughkeepsie**

Center for Nursing & Rehabilitation

Thank you to The Pines at
Poughkeepsie for
sponsoring our monthly
birthday party!

Get to Know Your Neighbor: Cathy DeFazio

When were you born? November 8th.

Where were you born? South Bronx.

What is your ancestry? Irish.

How many siblings do/did you have? 3 siblings,
2 brothers and 1 sister.



What high school/college did you attend? John Jay HS.

Are you married? How long? Spouse name? Yes, 37 years to Jeff.

Do you have any children? How many? Names? Grandchildren? How many? Names? Yes, Christina & Jeffrey. For grandchildren, 5 boys and 2 girls. Jayden, Lincoln, Kole, Addison, Star, Jameson, and Grayson.

Do you have pets and if so, what? No.

What was your career? Head custodian at school.

What is your favorite food? Chicken parm, and of course, chocolate.

What is your favorite season? Spring & fall.

What is your favorite holiday? Christmas.

Favorite pastime/hobby? Crocheting and painting by numbers.

What countries have you visited? No

Do you prefer the seashore or mountains? Mountains.

Movies: do you prefer comedies, drama, science fiction? Comedies, Western, & mysteries.

Anything else you want to share? I enjoy coming to the center. Many nice people!

Handy Contacts

Wappinger Town Hall:

Assessor's Office: (845) 297-8275
Camo Pollution: (845) 463-7310
Building Department: (845) 297-6256
Dog Control Officer: (845) 297-1030
Fire Inspector: (845) 297-1373
Highway: (845) 297-9451
Justice Court: (845) 297-6070/7739
Zoning & Planning: (845) 297-6256,
Receiver of Taxes: (845) 297-4342
Recreation: (845) 297-0720
Senior Citizen Center: (845) 297-3670
Town Clerk: (845) 297-5771
Water & Sewer Billing: (845) 297-1850
Zoning Administrator: (845) 297-1373

Town Board Members:

Supervisor: Joseph D. Cavaccini: (845) 297-2744
Ward 1: William Beale: (845) 764-0729
Ward 2: Angela Bettina: (845) 831-9633
Ward 3: Chris Phillips: (845) 372-9023
Ward 4: Al Casella: (845) 803-6359



Community Programs & Services:

Alzheimer's Association: (845) 471-2655
American Cancer Society: (845) 452-2635
American Diabetes Association: 473-4520
American Heart Association: (845) 485-4703
American Lung Association: (800) 586-4872
American Red Cross: (845) 471-0200
Cancer Services of DC: (845) 452-2932 x9717
Community & Family Services: (845) 486-3701
County Community Action Partnership,
Inc.: (845) 452-5104
Dial-A-Ride: (845) 473-8424
Dutchess Outreach, Inc.: (845) 454-3792
Grinnell Library: (845) 297-3428
Hudson River Housing: (845) 454-5176
Meals On Wheels: (845) 452-2245
Mental Health America of DC, Inc.:
(845) 473- 2500
Office for the Aging: (845) 486-2555
Salvation Army, Poughkeepsie: (845) 471-1210
Dutchess County SPCA: (845) 452-7722
United Way of Dutchess County:
(845) 471-1900



EARTH DAY WORD SEARCH



Find the hidden Earth Day vocabulary items.

B E C O S Y S T E M A T I C S
I C G G R E E N H O U S E A U
O O Y R E N V L E R R E N R S
D L U E P P I D R R P N V P T
I O D W R T P L G E A E I A A
V G P S F L R T R N T R R R I
E I L S E E O F T E T G O T N
R C A T N A T E A W Y Y M Y A
S A N L E P E A S A I E E T B
I L E A W I C O E B I F N I I
F F T C A C T O V I A F T A L
I E O Y B P I L A L E I A G I
C F L C L C O C C I M C L S T
A E O Y E C N F R T E I I L Y
T F G C L C L F C Y M E S S T
I E I Y G C A F W I D N T O Y
O E S P O L L U T A N T D L Y
N E T O E C O F R I E N D L Y

PROTECTION

ECOLOGICAL

POLLUTANT

RENEWABILITY

SUSTAINABILITY

ECOSYSTEMATIC

GREENHOUSE

PLANETOLOGIST

ENERGY-EFFICIENT

ENVIRONMENTALIST

ECO-FRIENDLY

BIODIVERSIFICATION