

February 2025

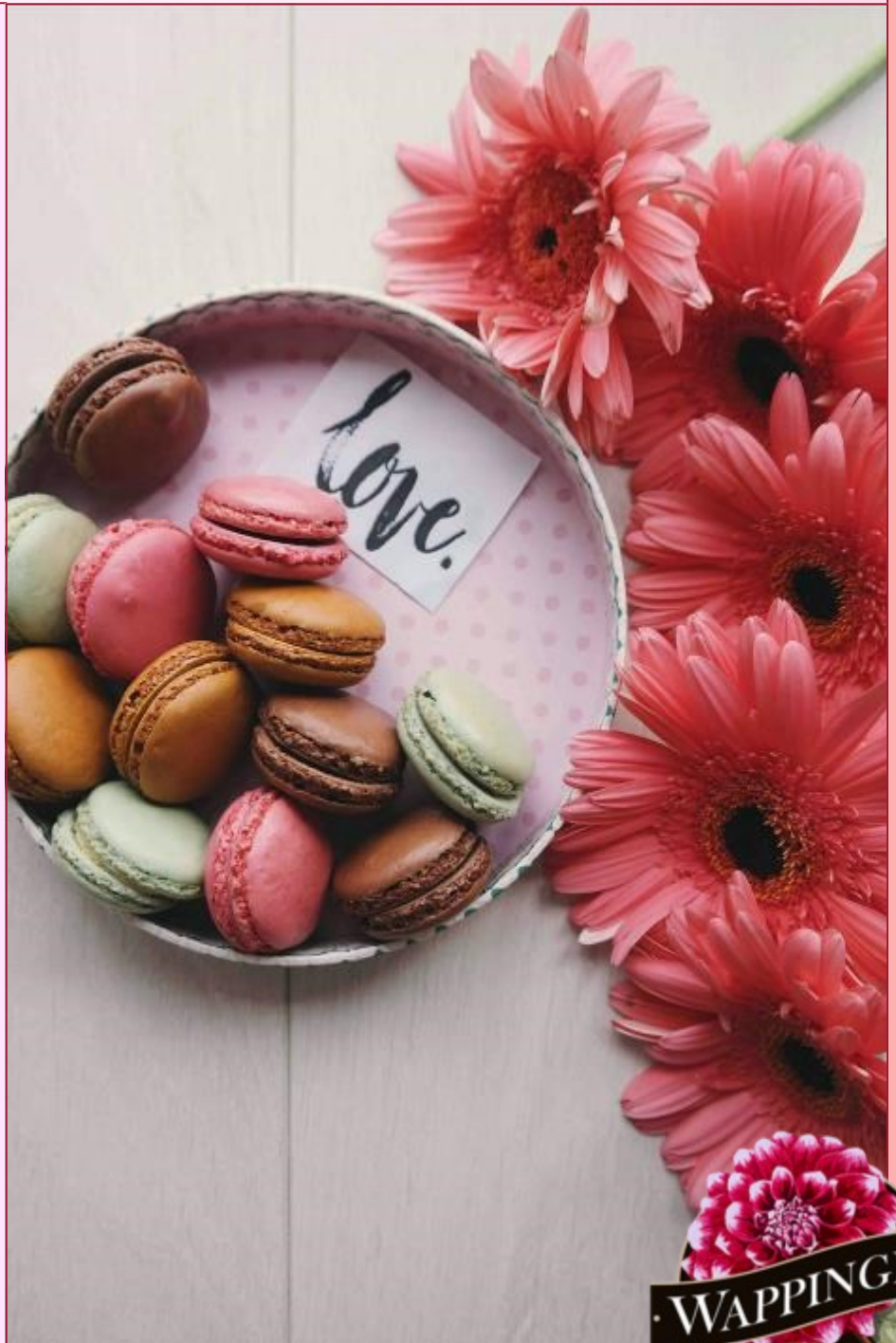
Town of Wappinger Senior Center



"We are rooted here"

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About Our Senior Center



(845) 297-3670

www.WappingerRecreation.com

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce, book club, bridge club, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mah-jongg, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more!

Feel free to stop in at any time and find out what new and exciting events are happening at the center!



Welcome New Members!

Lyssette Delgado, Deborah Gualtiere, Lena Hillard, Kathleen Hollop, Paul Hollop, James Edward Irvin, Mirna Ferreris-Irvin, Sandy Martirano, Diana Nieves Santana, Oscar Sanchez, Mike Tebolt, Gerhard Thompson, and Carol Wilson.

February

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|--|--|
| <p>10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 11am Cardiovascular Health Seminar 12:30pm Bingo</p> <p>3</p> | <p>9am Art Class 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p> <p>4</p> | <p>9am Zumba Gold 10am Pinocle 11am NO Quilting (S) 12pm Mahjongg 12pm Pokeno</p> <p>5</p> | <p>9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - The Notebook 2pm Rummikub 2pm Chair Volleyball</p> <p>6</p> | <p>9:30am Mahjongg 10am Pinocle 11am Souper Bowl 12pm Bingo</p> <p>7</p> |
| <p>10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo</p> <p>10</p> | <p>9am Art Class 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p> <p>11</p> | <p>9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Craft - Card Making 12pm Mahjongg 12pm Pokeno</p> <p>12</p> | <p>9am Exercise 10am Chair Yoga 11:30am V-Day Lunch 2pm Rummikub 2pm Chair Volleyball</p> <p>13</p> | <p>9:30am Mahjongg 10am Pinocle 10am Vow Renewal 11:30am Brain Games 12pm Bingo</p> <p>14</p> |
| <p>Closed</p> <p>17</p> | <p>9am Art Class 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p> <p>18</p> | <p>9am Zumba Gold 10am Pinocle 11am NO Quilting (S) 12pm Mahjongg 12pm Pokeno</p> <p>19</p> | <p>9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball</p> <p>20</p> | <p>9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo</p> <p>21</p> |
| <p>10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo</p> <p>24</p> | <p>9am Art Class 10am NO Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p> <p>25</p> | <p>9am Zumba Gold 10am Pinocle 11am NO Quilting (S) 12pm Mahjongg 12pm Pokeno</p> <p>26</p> | <p>9am Exercise 10am Chair Yoga 2pm Rummikub 2pm Chair Volleyball</p> <p>27</p> | <p>9:30am Book Club - The Women by Kristen Hannah 9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo</p> <p>28</p> |
| <p>Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs</p> | | | | |

2025

March

| Mon | Tue | Wed | Thu | Fri |
|---|---|--|---|--|
| <p>3</p> <p>10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo</p> | <p>4</p> <p>9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p> | <p>5</p> <p>9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno</p> | <p>6</p> <p>9am Exercise 10am Chair Yoga 11:30am Lunch & a Movie - A Star is Born (Gaga Version) 2pm Rummikub 2pm Chair Volleyball</p> | <p>7</p> <p>9am AARP Defensive Driving 9:30am Mahjongg 10am Pinocle 11:30am Foster Grandparents Seminar 12pm Bingo</p> |
| <p>10</p> <p>10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo</p> | <p>11</p> <p>9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p> | <p>12</p> <p>9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno</p> | <p>13</p> <p>9am Exercise 10am Chair Yoga 12pm Craft - Irish Coffee Mugs 2pm Rummikub 2pm Chair Volleyball</p> | <p>14</p> <p>9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo</p> |
| <p>17</p> <p>10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 11am St. Patrick's Day Lunch 12:30pm Bingo</p> | <p>18</p> <p>9am Art Class 10am Bridge Club (S) 11am 10c Bingo 2pm Rummikub</p> | <p>19</p> <p>9am Zumba Gold 10am Pinocle 11am Quilting (S) 12pm Mahjongg 12pm Pokeno</p> | <p>20</p> <p>9am Exercise 10am Chair Yoga 11:30am Birthday Party 2pm Rummikub 2pm Chair Volleyball</p> | <p>21</p> <p>9:30am Mahjongg 10am Pinocle 11:30am Brain Games 12pm Bingo</p> |
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| <p>31</p> <p>10am Pinocle 10am K&C Lessons 10:30am Zumba Gold 12:30pm Bingo</p> | | | | <p>Key K&C - Knit & Crochet (S) - Schlathaus Red - New Programs</p> |

2025

What's Happening Around The Center?

Exciting Announcement! New monthly educational seminars coming to the center.

Our February seminar is on 2/3 @ 11am from Community Home Health Care. We're having a cardiovascular health seminar for the month of Valentine's Day (see flyer pg.8)!

March seminar is brought to us by Foster Grandparents Program. Stop by before bingo to learn amazing and useful information!

FOSTER GRANDPARENT PROGRAM



Serving Westchester, Dutchess, Sullivan, Ulster, Orange, and Putnam

WHAT FOSTER GRANDPARENTS DO

- Volunteer in educational settings
- Help under-served youth improve math, literacy, and social skills
- Earn an hourly, tax free stipend
- Meet and socialize with other senior volunteers in the community

Must be 55+ and below 200% of poverty to qualify.



BECOME A FOSTER GRANDPARENT TODAY!



January Lunch and A Movie– Miracle on 34th Street

We had a delicious lunch and a movie. George and Kellie Ann made a baked ham with cheesy scalloped potatoes!

February's featured film is "The Notebook."
March's movie is "A Star is Born."

January Birthday Party - Happy birthday to our January babies! We celebrated with bingo, pizza, and cake! Join us next month for an event you won't want to miss! Sign-up is required to attend!

February's party is on 2/20.

In March, we'll celebrate on 3/20.



Pokeno group having fun!

Our members come on Wednesdays to play a fun game of pokeno! Pokeno is a lot like bingo, but with playing cards! Join in on the fun!

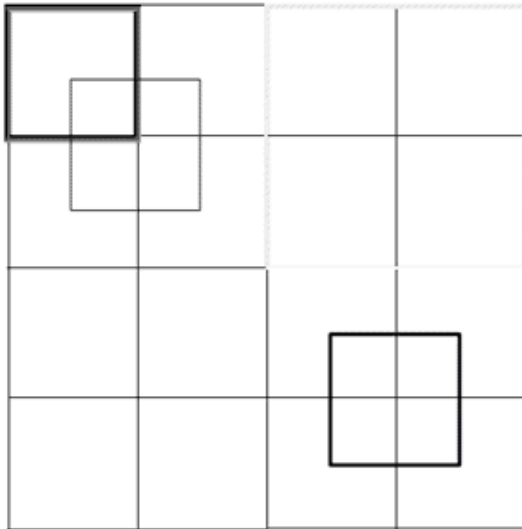
New Brain Games Program!

Join us on Fridays @ 11:30 for fun word games, like trivia and brain teasers! Brain games stimulate different brain memory functions, like processing speed and executive function. Stop by, right before Friday bingo to exercise your mind!

Brain Teasers



How many squares are in this picture? _____



$$\text{Glass} + \text{Glass} + \text{Glass} + \text{Glass} = 28$$

$$\text{Cup} + \text{Cup} + \text{Glass} = 17$$

$$\text{Cup} + \text{Mug} = 9$$

$$\text{Glass} + \text{Cup} + \text{Mug} - \text{Glass} = ?$$

AARP DEFENSIVE DRIVING CLASS

**Call Mary Long to enroll:
(845) 297-0186**

**For any licensed driver
2/21 & 3/7
Inquire in the senior center**



February's Birthday Babies

- 2 Stephanie Toth
- 4 Christina Kokiasmenos
- 5 Anna Edel
- 5 Carolyn Gordon
- 6 Christine Dotoratos
- 6 Jean Lachman
- 9 Barbara Imhoff
- 12 Renate Clavelin
- 15 Anna Shields
- 16 Cathy Kalinski
- 18 Hiro 'Mitzi' Garcia
- 18 Erminda 'Mindy' South
- 22 Paula Donnelly
- 23 Diane Dufresne
- 26 Helen Rossetti
- 28 Mary V. Davis

Sign-up is required! Sign-up in
the senior center or online.

Cake! Pizza! Bingo!

**February's Birthday
Celebration**
Feb. 20, 11:30am

March's Birthday Babies


- 1 Kay Krysty
- 1 Gurmeet 'Jind Singh
- 2 Lynnette Maurer
- 2 Anna Schettino
- 3 Roxanna Synnett
- 5 Kathy Elliot
- 6 Debra Burns
- 6 Janet Versace
- 9 Maureen McCormack
- 9 Josephine "Patsy" Moran
- 13 Norma I. Rodriguez
- 14 Rita Devalle
- 15 Suzanne Baur
- 16 Eileen Stickle
- 17 Florence Docherty
- 17 Sylvia Ensley
- 18 Norma Waldbillig
- 21 Rose Gioggia
- 26 Regina Matson
- 28 Patricia Callahan
- 28 Eileen Lithco
- 29 Susan Dorler

**March's Birthday
Celebration**
March 20, 11:30 am

 **The Pines
at Poughkeepsie**

Center for Nursing & Rehabilitation

Thank you to The Pines at
Poughkeepsie for
sponsoring our monthly
birthday party!



Supervisor Joseph D. Cavaccini and the Town of Wappinger
Town Board Presents Wappinger's first-ever


Wedding & Vow Renewal Ceremony

Friday, February 14th, 2025

10am-11:30am

Wappinger Town Hall

RSVP and more information can be found at
TownOfWappingerNY.gov
or by contacting us at 845.297.2744



Get to Know Your Neighbor: Roxanne Meyer

When were you born? 9/21/1953

Where were you born? Beacon, NY.

What is your ancestry? Italian, English, Dutch.

How many siblings do/did you have? 1, Jerry.

What high school/college did you attend? Beacon High School.

Are you married? How long? Spouse name? Yes, married 49 years in March to Paul.

Do you have any children? How many? Names? Grandchildren? How many? Names? 2 girls, Nicole & Janelle. 5 grands, Bria, Braden, Sienna, Leyna, and Dawson.

Do you have pets and if so, what? 2 dogs, Brylee & Ginger.

What was your career? Clerical & Draftsperson.

Were you in the military? What branch? What years? No.

What is your favorite food? Italian, American, and chocolate!!

What is your favorite season? Spring.

What is your favorite holiday? Christmas.

Favorite pastime/hobby? Reading, bingo, games, and travel.

What countries have you visited? Canada, Bahamas, Jamaica, and Mexico.

Do you prefer the seashore or mountains? Seashore.

Movies: do you prefer comedies, drama, science fiction? Comedies, drama, and romance.

Anything else you want to share? I am so happy I joined the Senior Center. I've made so many friends and enjoy coming to the center frequently!





CRAFT WORKSHOP

IRISH COFFEE MUGS

Join us at the Town of Wappinger Senior Center each month for a unique craft! Crafting beginners welcomed!

Sign-up required!

 **March 13th, 2025**
12pm

 **Town of Wappinger
Senior Center**

For more information, contact: (845) 297-3670

Handy Contacts

Wappinger Town Hall:

Assessor's Office: (845) 297-8275
Camo Pollution: (845) 463-7310
Building Department: (845) 297-6256
Dog Control Officer: (845) 297-1030
Fire Inspector: (845) 297-1373
Highway: (845) 297-9451
Justice Court: (845) 297-6070/7739
Zoning & Planning: (845) 297-6256,
Receiver of Taxes: (845) 297-4342
Recreation: (845) 297-0720
Senior Citizen Center: (845) 297-3670
Town Clerk: (845) 297-5771
Water & Sewer Billing: (845) 297-1850
Zoning Administrator: (845) 297-1373

Town Board Members:

Supervisor: Joseph D. Cavaccini: (845) 297-2744
Ward 1: William Beale: (845) 764-0729
Ward 2: Angela Bettina: (845) 831-9633
Ward 3: Chris Phillips: (845) 372-9023
Ward 4: Al Casella: (845) 803-6359



Community Programs & Services:

Alzheimer's Association: (845) 471-2655
American Cancer Society: (845) 452-2635
American Diabetes Association: 473-4520
American Heart Association: (845) 485-4703
American Lung Association: (800) 586-4872
American Red Cross: (845) 471-0200
Cancer Services of DC: (845) 452-2932 x9717
Community & Family Services: (845) 486-3701
County Community Action Partnership,
Inc.: (845) 452-5104
Dial-A-Ride: (845) 473-8424
Dutchess Outreach, Inc.: (845) 454-3792
Grinnell Library: (845) 297-3428
Hudson River Housing: (845) 454-5176
Meals On Wheels: (845) 452-2245
Mental Health America of DC, Inc.:
(845) 473-2500
Office for the Aging: (845) 486-2555
Salvation Army, Poughkeepsie: (845) 471-1210
Dutchess County SPCA: (845) 452-7722
United Way of Dutchess County:
(845) 471-1900



Valentine's Day

CODE BREAKER



Can you decode this Valentine's Day poem? Use the key to break the code.

| | | | | | | | | | | | | |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| A | B | C | D | E | F | G | H | I | J | K | L | M |
| | | | | | | | | | | | | |
| N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
| | | | | | | | | | | | | |

