

January 2025

Town of Wappinger Senior Center



"We are rooted here"

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About Our Senior Center

(845) 297-3670

www.WappingerRecreation.com

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce , book club, bridge club, chair volleyball, chair yoga, chess, educational seminars, exercise class, gardening club, knitting & crochet group, lunch and a movie, mah-jongg, Mexican trains, monthly crafts, monthly birthday parties, pi-nochle, Pokeno, quilting, rummikub, Zumba, and so much more!

Feel free to stop in at any time and find out what new and exciting events are happening at the center!





JANUARY 2025



Monday	Tuesday	Wednesday	Thursday	Friday
KEY: K&C Lessons = Knit & Crochet (S) = Schlathaus	Second month subject to change!	1 *Closed*	2 *Closed*	3 *Closed*
6 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo 2:00 Chair Volleyball	7 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	8 9:00 Zumba 10:00 Chess 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	9 9:00 Exercise 10:00 Chair Yoga 12:00 Craft- Waterless Snow Globes 2:00 Rummikub 2:00 Chair volleyball	10 9:30 Mahjongg 10:00 Pinochle 11:30 Brain Games 12:30 Bingo
13 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo 2:00 Chair Volleyball	14 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	15 9:00 Zumba 10:00 Chess 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	16 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 11:30 Bday Party 2:00 Rummikub 2:00 Chair volleyball	17 9:30 Mahjongg 10:00 Pinochle 11:30 Brain Games 12:30 Bingo 9am AARP De- fensive Driving
20 *Closed*	21 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	22 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	23 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 11:30 Lunch & Movie: "Miracle on 34th Street" 2:00 Rummikub 2:00 Chair volleyball	24 10:30 Mahjongg 10:00 Pinochle 11:30 Brain Games 12:30 Bingo AARP Defensive Driving Snow Date 6 S'more Fest (S)
27 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo 2:00 Chair Volleyball	28 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	29 9:00 Zumba 10:00 Chess 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	30 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 2:00 Rummikub 2:00 Chair volleyball	31 9:30 Book Club: Trust by Hernan Diaz 10:30 Mahjongg 10:00 Pinochle 10:30 SDCC Safe Medication Semi- nar 12:30 Bingo



FEBRUARY 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 11:00 Cardio-vascular Seminar 12:30 Bingo 2:00 Chair Volleyball	4 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	5 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	6 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 11:30 Lunch & Movie: The Notebook 2:00 Rummikub 2:00 Chair volleyball	7 9:30 Mahjongg 10:00 Pinochle 11:30 Brain Games 12:30 Bingo
10 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo 2:00 Chair Volleyball	11 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	12 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Craft: Card Making 12:00 Po-ke-no 12:00 Mahjongg	13 9:00 Exercise 10:00 Chair Yoga 11:30 V-Day Luncheon 2:00 Rummikub 2:00 Chair volleyball	14 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo
17 *Closed*	18 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	19 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	20 9:00 Exercise 10:00 Chair Yoga 11:30 Bday party 2:00 Rummikub 2:00 Chair volleyball	21 9:30 Mahjongg 10:00 Pinochle 11:30 Brain Games 12:30 Bingo AARP Defensive Driving
24 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo 2:00 Chair Volleyball	25 9:00 Art Class 10:00 Bridge Club (S) 11:00 10c Bingo 12:00 Mexican Trains 2:00 Rummikub	26 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	27 9:00 Exercise 10:00 Chair Yoga 2:00 Rummikub 2:00 Chair volleyball	28 9:30 Book Club—The Women by Kristen Hannah 11:30 Brain Games 10:30 Mahjongg 10:00 Pinochle 12:30 Bingo
				KEY: K&C Lessons = Knit & Crochet (S) = Schlathaus

What's Happening Around The Center?

Exciting Announcement! New monthly educational seminars coming to the center! Our first seminar is on 1/31 @ 10:30 am. The Southern Dutchess Community Coalition is hosting this seminar in the center for Narcan training and harm reduction! Our February seminar is on 2/3 @ 11 am from Community Home Health Care. We're having a cardiovascular health seminar for the month of Valentine's Day (see flyer pg.8)! Stop by before bingo to learn amazing and useful information!



CARDIOVASCULAR SEMINAR & VALENTINE'S PARTY

WHERE: THE TOWN OF WAPPINGER SENIOR CENTER

WHEN: FEBRUARY 3, 2024 11:00 AM - 12:15 NOON

SIGN UP SOON!

PROUDLY SPONSORED BY



Holiday Party - Our annual Holiday Party was a huge hit again this year! Thank you to our Holiday Chorus & residents who were in attendance!



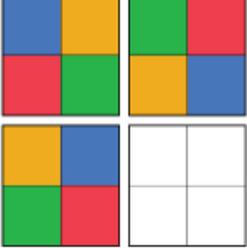
December Birthday Party - Happy birthday to our December birthday babies! We celebrated with birthday bingo, pizza, and cake! Thank you to The Pines Poughkeepsie for sponsoring our party!

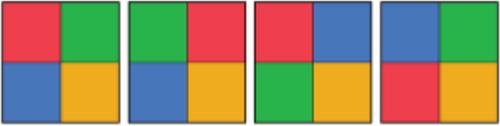


Holly Jolly Brunch and Holiday trivia! We had a festive catered brunch, followed by our own senior center tree lighting. Our tree was decorated by our members. Holiday trivia was a blast! Our members know their Holidays! A white elephant gift exchange followed our joyful morning. What a way to celebrate the holiday season!

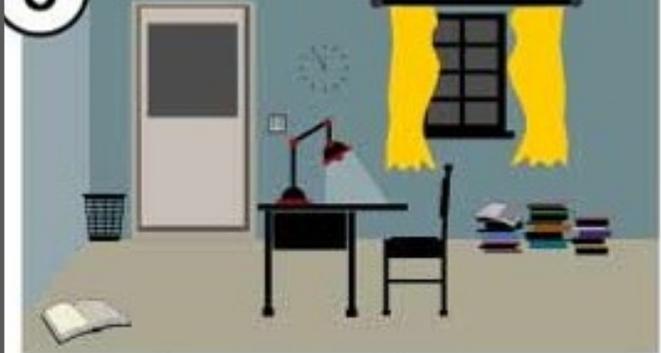
New Brain Teasers Program!

Join us on Fridays @ 11:30 for fun word games and brain teasers! Brain games stimulate different brain memory functions, like processing speed and executive function. Stop by, right before Friday bingo to exercise your mind!



a b c d



What is wrong with this room?

AARP DEFENSIVE DRIVING CLASS

**Call Mary Long to enroll:
845.297.0186**

**For any licensed driver
1/17
Inquire in the senior center**



January's Birthday Babies

- 1 Kojo Akuamoah
- 1 Martha Cho
- 1 Nancy LoCicero
- 1 Mary Ann Mancini
- 1 Janet Viggiano
- 2 Peg Harten
- 6 Stewart Palmer
- 9 Donna Avery
- 9 Franca Petrillo
- 10 Betty Simensen
- 11 Eugene Halford
- 16 Dawna Motise
- 19 Ivette Velez-Butler
- 20 Mary Cooper
- 20 Maureen Santangelo
- 21 Thomas Docherty
- 21 Eleanor Macaluso
- 22 Emil Sommerfeldt
- 23 Dolores DeVico
- 24 Patricia Maupin
- 30 Rosemarie Milano
- 30 Kathryn Schappert
- 31 Ferdinand Di Maria
- 31 Geri Pettit

**January's Birthday
Celebration**
Jan. 16, 11:30 am

February's Birthday Babies

- 2 Stephanie Toth
- 4 Christina Kokiasmenos
- 5 Anna Edel
- 5 Carolyn Gordon
- 6 Christine Dotoratos
- 6 Jean Lachman
- 9 Barbara Imhoff
- 12 Renate Clavelin
- 15 Anna Shields
- 16 Cathy Kalinski
- 18 Hiro 'Mitzi' Garcia
- 18 Erminda 'Mindy' South
- 20 Virginia Hubner
- 22 Paula Donnelly
- 23 Diane Dufresne
- 26 Carole McMahon
- 26 Helen Rossetti
- 28 Mary V. Davis
- 28 Donna Lenhart

**February's Birthday
Celebration**
Feb. 20, 11:30am

Cake! Pizza! Bingo!



CARDIOVASCULAR SEMINAR

&

VALENTINE'S PARTY

WHERE:

**THE TOWN OF
WAPPINGER
SENIOR CENTER**

WHEN:

**FEBRUARY 3, 2024
11:00 AM -12:15 NOON**

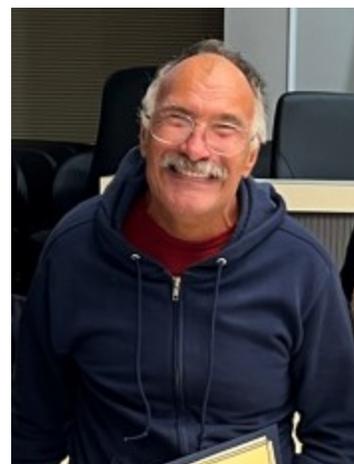
**SIGN UP
SOON!**



PROUDLY SPONSORED BY



Get to Know Your Neighbor: Eugene Halford



When were you born? January 11th, 1955

Where were you born? Manhattan, New York

What is your ancestry? Ireland—Irish

How many siblings do/did you have? No

What high school/college did you attend? Columbus High School

Are you married? How long? Spouse name? Yes, I was married but now I'm divorced.

Tell us about your family! I live with my cousins. Brian, my 5 year old cousin is such a joy. This is my first time ever living with family and I love it

Do you have pets and if so, what? I had some pets when I was young.

What was your career? No

Were you in the military? What branch? What years? Wasn't in the service.

What is your favorite food? Italian, some Irish, Chinese.

What is your favorite season? Summer!!!

What is your favorite holiday? Christmas!!!

Favorite pastime/hobby? Printing pictures on my computer and listening to my music on my iPhone.

What places have you visited? None

Do you prefer the seashore or mountains? Mountains

Movies: do you prefer comedies, drama, science fiction? Comedies, science fiction, action, kung-fu movies.

Anything else you want to share? I'm grateful that my cousins found me in the rehab place and took me in.

WAPPINGER SENIORS ASSOCIATION, INC.

Announces a Specially Subsidized

VALENTINE'S DAY LUNCHEON

Town of Wappinger Senior Members are invited to celebrate at:

LONGOBARDI'S RESTAURANT

Thursday, Feb 13, 2025 at 11:30am

Lunch consists of:

Entrée Choices (Choose 1):

Chicken; Parmigiana or Francese or Marsala
Broiled Whitefish
Eggplant Parmigiana

Lunches include: Bread, Salad, Pasta or Veg
Unlimited Coffee, Tea, Soda
and Light Dessert

*All at the **same** pricing as last year!*

WSA Member price: \$27.00/pp

(Non-members: \$38.00/pp)

(Checks made out to: Wappinger Seniors Association, Inc.)

Limited seating; Sign-up In Person ONLY at T.O.W. Senior Center

WSA Members: Mon; 1/13/25 & Fri: 1/17/25; 9:30am - 11:30am

Non WSA Members: Friday; 1/17/25; 10:30am - 11:30am

(First come, First serve)

For Info contact:

Nancy L: 845-298-8470 Anna A: 914-474-7918

Handy Contacts

Wappinger Town Hall:

Assessor's Office: (845) 297-8275
Camo Pollution: (845) 463-7310
Building Department: (845) 297-6256
Dog Control Officer: (845) 297-1030
Fire Inspector: (845) 297-1373
Highway: (845) 297-9451
Justice Court: (845) 297-6070/7739
Zoning & Planning: (845) 297-6256,
Receiver of Taxes: (845) 297-4342
Recreation: (845) 297-0720
Senior Citizen Center: (845) 297-3670
Town Clerk: (845) 297-5771
Water & Sewer Billing: (845) 297-1850
Zoning Administrator: (845) 297-1373

Town Board Members:

Supervisor: Joseph D. Cavaccini: (845) 297-2744
Ward 1: William Beale: (845) 764-0729
Ward 2: Angela Bettina: (845) 831-9633
Ward 3: Chris Phillips: (845) 372-9023
Ward 4: Al Casella: (845) 803-6359

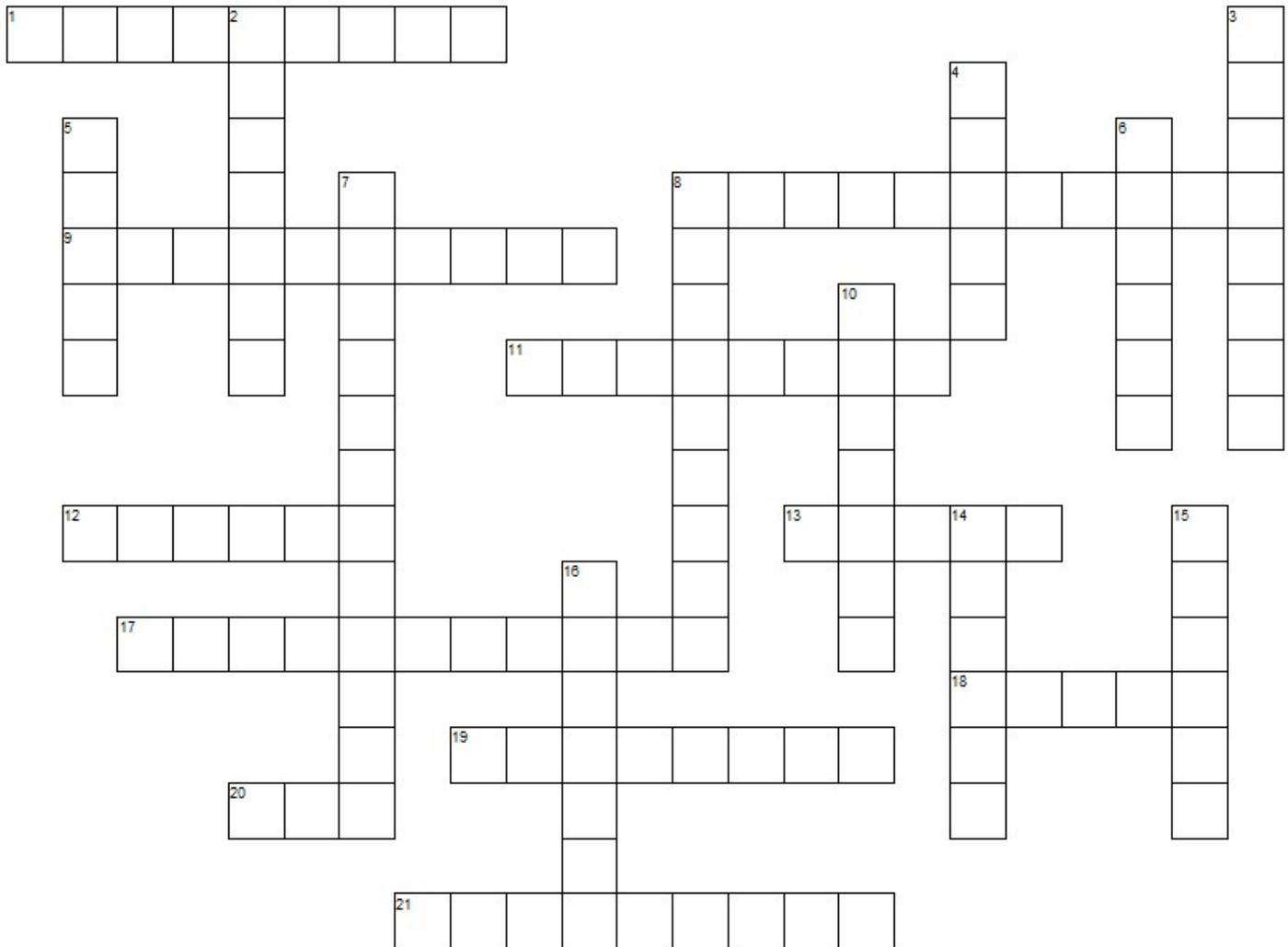


Community Programs & Services:

Alzheimer's Association: (845) 471-2655
American Cancer Society: (845) 452-2635
American Diabetes Association: 473-4520
American Heart Association: (845) 485-4703
American Lung Association: (800) 586-4872
American Red Cross: (845) 471-0200
Cancer Services of DC: (845) 452-2932 x9717
Community & Family Services: (845) 486-3701
County Community Action Partnership,
Inc.: (845) 452-5104
Dial-A-Ride: (845) 473-8424
Dutchess Outreach, Inc.: (845) 454-3792
Grinnell Library: (845) 297-3428
Hudson River Housing: (845) 454-5176
Meals On Wheels: (845) 452-2245
Mental Health America of DC, Inc.:
(845) 473- 2500
Office for the Aging: (845) 486-2555
Salvation Army, Poughkeepsie: (845) 471-1210
Dutchess County SPCA: (845) 452-7722
United Way of Dutchess County:
(845) 471-1900

NEW YEAR

Crossword Puzzle



www.CrosswordWeaver.com

ACROSS

- 1 explosion of bright lights
- 8 festivity to mark an event
- 9 a promise to do or not do something
- 11 New Year's eve in Scotland
- 12 celebrate the arrival of the New Year
- 13 move in time with music
- 17 where crowds gather in New York
- 18 there are twelve in a year
- 19 shows the date
- 20 the day before something happens
- 21 Enumeration of seconds before midnight

DOWN

- 2 greet warmly
- 3 12 o'clock at night
- 4 day of New Year
- 5 get-together to celebrate
- 6 famous London clock
- 7 Traditional Scottish New Year song
- 8 celebration drink
- 10 month of New Year
- 14 noise produced by clocks
- 15 expressions of goodwill
- 16 used for decoration at parties