

**October 2024**

# **Town of Wappinger Senior Center**



**We are rooted here**

## ***A Look Into October***

We are officially in autumn! As we await the spooky month of October, amazing and new events are happening at our center. "A Matter of Balance" continues every Tuesday at noon. The WSA Bus trip is on 10/2. Lunch and a movie is on 10/3, we're viewing "It Happened One Night." The Art Show is on 10/4.

We will have vaccine clinics on 10/7, 10/21, and 10/28, brought to us by the Medicine Shoppe.

Our monthly craft is on 10/10, we're making hydro-dipped pumpkins!

The monthly birthday party for our October babies is on 10/17. Book club is on 10/25, we're reading "Lessons in Chemistry." The Halloween Party is on 10/31! Make sure to wear your best costumes! We will be closed on 10/14.

10/21 is National Pumpkin Cheesecake Day.





## About The Senior Center

(845) 297-3670



[www.WappingerRecreation.com](http://www.WappingerRecreation.com)

We're open from 8:30am-4pm Monday to Friday.

At the Town of Wappinger Senior Center, we're invested in the wellness of the community, creating new friendships, and having fun! We have art class, bingo, bocce , book club, bridge club, chair volleyball, chair yoga, chess, exercise class, gardening club, knitting & crochet group, lunch and a movie, mahjonn, Mexican trains, monthly crafts, monthly birthday parties, pinochle, Pokeno, quilting, rummikub, Zumba, and so much more! Feel free to stop in at any time and find out what new and exciting events are happening at the center!



### Welcome New Members!

Katherine Pelaccio Kyrruzis, Mary Moran,  
Lynne Ponder, Renee Smith-Brodie,  
Betsy Valentin, and Carol Vanvlack



# OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) <b>12:00 A Matter of Balance Class</b> 12:00 Mexican Trains 2:00 Rummikub	2 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg <i>WSA Bus Trip</i>	3 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains <b>11:30 Lunch &amp; Movie: "It Happened One Night"</b> 2:00 Rummikub 2:00 Chair volleyball	4 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo <b>"Art Through Diverse Perspectives"</b> <b>Art Show 6pm</b>
7 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo <b>11:30-1 Vaccines</b>	8 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) <b>12:00 A Matter of Balance Class</b> 12:00 Mexican Trains 2:00 Rummikub	9 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	10 9:00 Exercise 10:00 Chair Yoga <b>12:00 Craft: Hydro-Dipped Faux Pumpkins!</b> 2:00 Rummikub 2:00 Chair volleyball	11 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo
14 <b>*Closed*</b>	15 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) <b>12:00 A Matter of Balance Class</b> 12:00 Mexican Trains 2:00 Rummikub	16 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	17 9:00 Exercise 10:00 Chair Yoga <b>11:30 Bday party</b> 2:00 Rummikub 2:00 Chair volleyball	18 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo  <b>*AARP Defensive Driving 9am</b>
21 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo <b>11:30-1 Vaccines</b>	22 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) <b>12:00 A Matter of Balance Class</b> 12:00 Mexican Trains 2:00 Rummikub	23 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	24 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains 2:00 Rummikub 2:00 Chair volleyball	25 <b>9:30 Book Club: Lessons in Chemistry</b>  10:30 Mahjongg 10:00 Pinochle 12:30 Bingo
28 10:00 Pinochle 10:00 K&C Lesson 10:30 Zumba 12:30 Bingo <b>11:30-1 Vaccines</b>	29 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) <b>12:00 A Matter of Balance Class</b> 12:00 Mexican Trains 2:00 Rummikub	30 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg	31 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains <b>11:30 Halloween Party</b> 2:00 Rummikub 2:00 Chair volleyball	<b>KEY:</b> K&C Lessons = Knit & Crochet (S) = Schlathaus

# NOVEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>KEY:</b> K&amp;C Lessons = Knit &amp; Crochet (S) = Schlathaus</p>	<p>Second month subject to change!</p>			<p>1 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>4 10:00 Pinochle 10:00 K&amp;C Lesson 10:30 Zumba 12:30 Bingo</p>	<p>5 <b>*Closed*</b></p>	<p>6 <b>WSA Bus Trip</b> <b>NO Zumba</b> 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) <b>12:00 A Matter of Balance Class</b> 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>7 <b>NO Exercise</b> <b>NO Chair Yoga</b> 11:00 Mexican Trains <b>11:30 Lunch &amp; Movie:</b> <b>“Julie &amp; Julia”</b> 2:00 Rummikub 2:00 Chair volleyball</p>	<p>8 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo  <b>AARP Defen- sive Driving 9am</b></p>
<p>11 <b>*Closed*</b></p>	<p>12 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 Mexican Trains 2:00 Rummikub</p>	<p>13 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>14 9:00 Exercise 10:00 Chair Yoga <b>11:30 Craft- Leaf Stamped Napkins</b> 2:00 Rummikub 2:00 Chair volleyball</p>	<p>15 9:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>18 10:00 Pinochle 10:00 K&amp;C Lesson 10:30 Zumba 12:30 Bingo</p>	<p>19 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 Mexican Trains 2:00 Rummikub</p>	<p>20 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>21 9:00 Exercise 10:00 Chair Yoga 11:00 Mexican Trains <b>11:30 Bday Party</b> 2:00 Rummikub 2:00 Chair volleyball</p>	<p>22 <b>NO Book Club</b> 10:30 Mahjongg 10:00 Pinochle 12:30 Bingo</p>
<p>25 10:00 Pinochle 10:00 K&amp;C Lesson 10:30 Zumba 12:30 Bingo</p>	<p>26 9:00 Art Class 11:00 10c Bingo 11:00 Bridge Club (S) 12:00 Mexican Trains 2:00 Rummikub</p>	<p>27 9:00 Zumba 10:00 Chess 10:00 Knitting group 10:00 Pinochle 11:00 Quilting (S) 12:00 Po-ke-no 12:00 Mahjongg</p>	<p>28 <b>*Closed*</b> <b>Happy Thanksgiving!</b></p>	<p>29 <b>*Closed*</b></p>

## October's Birthday Babies

1 Josephine Dayger  
5 Pat Emanuel  
5 Carol Gruber  
5 Mary Ann Vara  
6 Karoline Flick  
8 Mary Fenton  
9 Susan Sinclair  
9 Renata Competiello  
15 Enga Crocco  
18 Hai-Ping Fu  
23 Raymond Norcross  
24 John Campala  
27 Peggy Fitzgerald  
30 Lorraine Daley

**October Birthday  
Celebration**  
**Oct. 17, 11:30 am**

## November's Birthday Babies

2 Theresa Larocco  
8 Cathy DeFazio  
8 Anna Demarco  
9 Alice Mc Carthy  
10 Estela Anderson  
12 Julie Cea  
18 Florence Linders  
19 Grace Martin  
19 Jorge Ortega  
23 Amy Hahn  
24 Edward Bergamini

**November Birthday  
Celebration**  
**Nov. 21, 11:30 am**

# Cake! Pizza! Bingo!

 **The Pines**  
**at Poughkeepsie**

Center for Nursing & Rehabilitation

Thank you to The  
Pines at  
Poughkeepsie for  
sponsoring our  
monthly birthday  
party!



## *The TOW Senior Garden Club*

*Invites you to bring a little piece of spring into your home for the long winter...*

*As it announces its*

*Annual Fall Plant Give-Away*

***On Wednesday, Oct 9<sup>th</sup> beginning at 10:15am***

*You MUST bring a flower pot & soil in order to take plant home!!!!*



## **Bridge Club Announcement**

Do you play Bridge? The Town of Wappinger has a bridge group that meets every Tuesday from 10am-1pm at Schlathaus Park. The play is American Standard Bridge and there are no fees! Remember, playing cards keeps the brain sharp and alert. For more information call (845) 297-3670!



## **AARP DEFENSIVE DRIVING CLASS**

**Call Mary Long to enroll:  
845.297.0186**

**For any licensed driver  
10/18 & 11/8  
Inquire in the senior center**



# Halloween Party



Oct 31  
11:30-2

**Please wear a costume!**



**Town Hall  
Main Meeting Room**



**Food, Fun, and  
"Jessica's Horrible  
Halloween Bingo"**

**RSVP**

**Kellie Ann  
(845) 297-3670**

**Sponsored by Dutchess County  
Comptroller Gregg Pulver**

## Get to Know Your Neighbor: Mary Ann Vara

**When were you born?** October 5, 1950

**Where were you born?** Bronx, NY USA

**What is your ancestry?** Italian

**How many siblings do/did you have?** Two sisters, one older and one younger. Both deceased.

**What high school/college did you attend?** Theodore Roosevelt High School. No college.

**Are you married? How long? Spouse name?** I was married for 46 years to Anthony Vara.



**Do you have any children? Grandchildren? How many? Names?** I have 2 children Victoria Mylod and Anthony Vara. I have 3 grandchildren Emma Rose, Dianna Rose, and Roman Anthony.

**Do you have pets and if so, what?** Yes, I had 2 dogs and 1 cat. I now have none.

**What was your career?** Insurance Representative for 15 years. Banker for 26 years.

**Were you in the military? What branch? What years?** I was not in the military.

**What is your favorite food?** Italian and American food.

**What is your favorite season?** Spring and fall.

**What is your favorite holiday?** Easter and Christmas.

**Favorite pastime/hobby?** Word search, bingo, and music.

**What places have you visited?** Canada

**Do you prefer the seashore or mountains?** Both!

**Movies: do you prefer comedies, drama, science fiction?** Action.

**Anything else you want to share?** I enjoy coming to the center and making new friends. I enjoy spending time with my family.



**WAPPINGER SENIORS ASSOCIATION, Inc.**  
**BUS TRIP TO RESORTS CASINO**

**Wednesday, November 6, 2024**



***Cost Per Member: \$35/pp***  
***Cost Per Non-Member: \$45/pp***

***Includes round trip bus fare and driver's tip.***

***Casino Package: \$25 Free Play***  
***\$15 Food Voucher***

**\*MUST HAVE A MINIMUM OF 45 PERSONS FOR TRIP TO RUN!\***

**Bus departs Wappinger Town Hall promptly at 9:15am**  
**(Please arrive by 9:00am for check-in; Bus will not be held!)**

**Bus leaves Resort Casino no later than 3:30pm**

**In person Sign-up ONLY at T.O.W. Senior Center**  
**WSA Members; Mon & Friday; 10/07/24 & 10/11/24 9:30am-12:30pm**  
**Non-Members: Friday; 10/11/24 10:30am-12:30pm**

***Checks payable to: Wappinger Seniors Association, Inc.***  
***Refunds for trip cancellation only***

***For info contact: Anna: 914-474-7918 or Nancy: 845-298-8470***

# W.S.A. BOARD OF DIRECTORS NOMINATION ELECTIONS

THE FOLLOWING BOARD POSITIONS ARE OPEN FOR THE

## **2024 ELECTION CYCLE:**

PRESIDENT, SECRETARY, & ONE GENERAL BOARD MEMBER  
WSA PROPOSED SLATE OF CANDIDATES ARE AS FOLLOWS:

PRESIDENT: ANNA ACQUANITA

SECRETARY: SUSAN DORLER

BOARD MEMBER: SUZANNE BAUR

POSITIONS CARRY 3 YR TERMS AND MINIMALLY REQUIRE ATTENDANCE/COMMUNICATION WITH ALL OTHER BOARD MEMBERS AT MEETINGS & ACTIVE SUPPORT OF W.S.A. EVENTS.

ADDITIONAL NOMINATIONS\* MAY BE SUBMITTED BY FILLING OUT A BALLOT AND PLACING IT IN THE WSA SUGGESTION BOX.

**(One ballot per WSA member, duplicate ballots will not be accepted)**

BALLOTS MAY ONLY BE SUBMITTED BY CURRENT OFFICIAL WSA MEMBERS  
Nomination period will run from Nov 1<sup>st</sup> thru 12:30pm on Nov 8<sup>th</sup>, 2024  
GENERAL ELECTION, if necessary, TO BE HELD ON MONDAY,  
DECEMBER 9<sup>th</sup>, 2024; 9:30am – 3pm

\*Candidates must receive a minimum of 5 independent nominations to be considered for election.

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## W.S.A. MEMBER ELECTION NOMINATION BALLOT

[All positions carry 3 year terms]

PRESIDENT: \_\_\_\_\_

SECRETARY: \_\_\_\_\_

BOARD MEMBER: \_\_\_\_\_

Member Signature: \_\_\_\_\_ Date \_\_\_\_\_

[One nomination ballot per WSA member, no duplicates]

# September's Monthly Craft



September's monthly craft was fall-scented soaps! We crafted deliciously smelling leaves

# Handy Contacts

## Wappinger Town Hall:

Assessor's Office: (845) 297-8275  
Camo Pollution: (845) 463-7310  
Building Department: (845) 297-6256  
Dog Control Officer: (845) 297-1030  
Fire Inspector: (845) 297-1373  
Highway: (845) 297-9451  
Justice Court: (845) 297-6070/7739  
Zoning & Planning: (845) 297-6256,  
Receiver of Taxes: (845) 297-4342  
Recreation: (845) 297-0720  
Senior Citizen Center: (845) 297-3670  
Town Clerk: (845) 297-5771  
Water & Sewer Billing: (845) 297-1850  
Zoning Administrator: (845) 297-1373

## Town Board Members:

Supervisor: Joseph D. Cavaccini: (845) 297-2744  
Ward 1: William Beale: (845) 764-0729  
Ward 2: Angela Bettina: (845) 831-9633  
Ward 3: Chris Phillips: (845) 372-9023  
Ward 4: Al Casella: (845) 803-6359



## Community Programs & Services:

Alzheimer's Association: (845) 471-2655  
American Cancer Society: (845) 452-2635  
American Diabetes Association: 473-4520  
American Heart Association: (845) 485-4703  
American Lung Association: (800) 586-4872  
American Red Cross: (845) 471-0200  
Cancer Services of DC: (845) 452-2932 x9717  
Community & Family Services: (845) 486-3701  
County Community Action Partnership,  
Inc.: (845) 452-5104  
Dial-A-Ride: (845) 473-8424  
Dutchess Outreach, Inc.: (845) 454-3792  
Grinnell Library: (845) 297-3428  
Hudson River Housing: (845) 454-5176  
Meals On Wheels: (845) 452-2245  
Mental Health America of DC, Inc.:  
(845) 473-2500  
Office for the Aging: (845) 486-2555  
Salvation Army, Poughkeepsie: (845) 471-1210  
Dutchess County SPCA: (845) 452-7722  
United Way of Dutchess County:  
(845) 471-1900